



## Autism Parent/Carer Information Sessions 2023-24

- Autism information sessions are now planned for parents and carers of **children with an autistic diagnosis, or for parents/ carers who have mentioned autism as a possibility.**
  - **Children must currently attend a mainstream City of Edinburgh Council School or EY Setting**
  - Sessions will take place throughout the year on **Microsoft Teams**
  - Pre-recorded versions of the sessions will be made available to those who register via Eventbrite and will be made available after each live session. Subtitles in most languages are available when watching the pre-recorded videos.
- Parents/ carers to book through Eventbrite up to 4 days before the start date to secure your place or to receive the recordings

Pre School : Sept-Oct			
Title	Date	Time: Morning	Lead Professional
1-Introduction to ASD at the Pre-School stage	25.09.23 Monday	9:30-11am	Education: Additional Support for Learning Services (ASLS)
2-Supporting sensory differences and skills of independence	02.10.23 Monday	9:30-11am	NHS: Occupational Therapy (OT)
3-Supporting communication	09.10.23 Monday	9:30-11am	NHS: Speech and Language Therapy (SLT)
4-Understanding Anxiety And supporting regulation	25.10.23 Wednesday	9:30-11am	NHS- CAMHS
5-Play-SaLT Where next? Other sources of support	30.10.23 Monday	9:30-11am	NHS: Speech and Language Therapy (SLT) Education -ASL Service
Optional Live Q&A	06.11.23 Monday	9:30-10:30	ASLS/ SaLT/ OT/ EP

Secondary : Nov-Dec			
Title	Date	Time: Lunchtime	Lead Professional
1-Introduction to autism in the teenage years	08.11.23 Wednesday	12.30-2pm	Education: Additional Support for Learning Services (ASLS)
2- Skills of independence/ sensory supports	15.11.23 Wednesday	12.30-2pm	NHS: Occupational Therapy (OT)
3a- Looking after mental health and wellbeing ----- 3b- Managing anxiety	22.11.22 Wednesday	12.30-2pm	NHS: CAMHS & Education: Psychological Services
4- Relationships and sexual health	29.11.23 Wednesday	12.30-2pm	Education: Psychological Services
5- Friendship and leisure	06.12.23 Wednesday	12.30-2pm	NHS: Speech and Language Therapy (SLT) Social Work: Safeguarding & Child Protection
Optional Live Q&A	13.12.23 Wednesday	12.30-2pm	ASL Service, OT, CAMHS, EP

P4-7: Jan-Feb			
Title	Date	Time: Lunchtime	Lead Professional
1-Introduction to Autism at the P4-7 stage	10.01.24 Wednesday	12:30-2pm	Education: Additional Support for Learning Services (ASLS)
2-Supporting sensory differences and skills of independence	17.01.24 Wednesday	12:30-2pm	NHS: Occupational Therapist (OT)
3- Supporting communication	24-01-24 Wednesday	12:30-2pm	NHS: Speech and Language Therapy (SLT)
4-Understanding anxiety and preparing for puberty	31-01-24 Wednesday	12:30-2pm	NHS: CAMHS
5-Friendship and leisure	07-02-24 Wednesday	12:30-2pm	NHS: Speech and Language Therapy & Learning and Development
Feb Break			
6-Supporting transition to high school	21-02-24 Wednesday	12:30-2pm	Psychological Services
Optional Live Q&A*No recording will be made of this session	28-02-24 Wednesday	12:30-1:30	ASLS/ SaLT/ OT/ EP

P1-3: March- April			
Title	Date	Time: Lunchtime	Lead Professional
1-Introduction to Autism at the P1-3 stage	06-03-24 Wednesday	12:30-2pm	Education: Additional Support for Learning Services (ASLS)
TBC: Supporting sensory differences and skills of independence	13.03.24 Wednesday	12:30-2pm	TBC
3-Supporting communication	20.3.24 Wednesday	12:30-2pm	NHS: Speech and Language Therapy (SLT)
4-Understanding anxiety and positive behaviour support	27.3.24 Wednesday	12:30-2pm	NHS: CAMHS
5- Play and leisure & where next? / other sources of support	17.4.24 Wednesday	12:30-2pm	NHS: Speech and Language Therapy & Learning and Development
Easter Holiday			
Optional Live Q&A*No recording will be made of this session.	24.4.24 Wednesday	12:30-1:30pm	SLT/ ASLS/ CAMHS/OT

